



WELCOME TO THE NEW WORLD



"INSIDE OUTWARD – HOW YOU FLOURISH" PHILEMON 4-7

WEEK 1

Stop acknowledging who you used to be And start acknowledging who God has made you to be.

According to ChatGPT, the top five inventions that have changed the world are the wheel, the printing press, the steam engine, electricity, and the telegraph. I want to add one that I think is number one. Nothing has changed the world more radically than the church, which Jesus invented. Over the centuries, the church has changed social norms and cultural institutions, created and developed education and universities, impacted art, contributed to social well-being through charity, preserved knowledge, and established laws and morality. But the most profound impact the church has had is in changing the human heart.

The church represents millions of souls whose hearts have been invaded by heaven. It is fair to say that Christianity introduced a new world that has changed society and culture one soul at a time. This new world means a flourishing life founded upon the new nature placed within the life of every faithful Christ follower. When we acknowledge every good thing God has done in us, it activates us for every good thing God wants to do through us.

(10 min) PRAY

Ask God to permeate your time with His presence. Pray that God would help you understand, in a more complete way, who you are in Christ and all of the spiritual blessings that He has placed within you.

(25 min) REFLECT

As you've had the opportunity to reflect on what God has spoken to you through this week's lesson, consider these questions as a group and discuss them.

- 1. As a group, discuss how you define a life that is flourishing. Derek presented people's mindsets when they approach the issue of flourishing. One is focused on external things coming into our lives, and the other is on internal things God has already given us. Discuss these mindsets in the context of the teaching. Which one best represents you and why?
- 2. Spend time discussing the new nature that God has given every Christian. Discuss what Paul means when he says put off the old man and put on the new man. How do we do that? Use the following verses as references. Ephesians 4:20-32; Colossians 3:8-173. Read 2 Corinthians 3:17-18.
- 3. Describe how you, daily, reject the lies of the devil. Are there any of his lies that you have let into your thinking? Take the time to write them down. In prayer, choose to reject them and receive the corresponding truth that belongs to you in Christ.

The flourishing life doesn't flow from self-absorption

EXPERIENCING THE SPIRIT TOGETHER: Pray for the next 15-20 minutes as a Life Group. Ask God to guide you in this time of prayer. This topic is vital for Christians to experience the full life God has provided in Christ. It provides the power to overcome cycles of sin and toxic thinking that lead to unhealthy lifestyles. Pray for freedom and the breaking of chains. Take a deeper step towards transparency in your group. Encourage one another and pray for one another. Be willing to confess sin and experience the spiritual renewal God wants to bring to you.

WEEKLY MEMORIZATION VERSES: **R2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.**

(5 min) LIVE IT

Be intentional about centering each day this week around the presence of Christ in your life. Begin your day in prayer. Develop a habit of acknowledging every good thing that is in you in Christ Jesus. Choose to live to that reality today and expect God to overflow your life to bless others. Be open to those opportunities as He brings them.