

Sunday 04.13 | PALM SUNDAY 9 & 11am Worship Center

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you a seat.

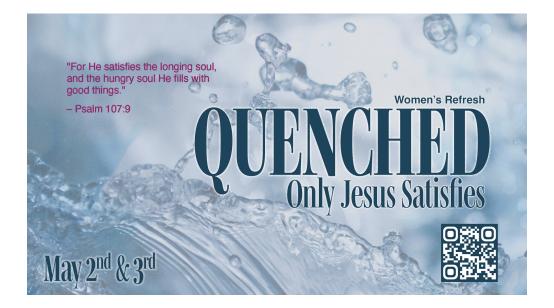
Thursday 04.17 | MAUNDY THURSDAY 6:30pm Worship Center

Friday 04.18 | GOOD FRIDAY 6:30pm Worship Center

Sunday 04.20 | EASTER SUNDAY Sunrise Service 6am Ministry Field 8am, 10am & 12pm Worship Center

Sunday 04.27 | ASCENSION SUNDAY 9 & 11am Worship Center





SELAH BLESSED BY THE BEST



Psalm 134

SESSION OVERVIEW

Theme: Living with open hands—blessing God because we are a blessed people.

Main Point: Faith-filled people are worshipers who bless the Lord and live from the overflow of His blessings.

Key Scripture: Psalm 134:1-2 - "Come, bless the Lord, all you servants of the Lord, who stand by night in the house of the Lord! Lift up your hands to the holy place and bless the Lord!"

OPENING PRAYER (2 min)

Invite God's presence and posture the group to receive from Him..

Example:

"Father, thank You for blessing us with every spiritual blessing in Christ. We come today not empty-handed, but full of faith, with hearts ready to bless You in return. Fill our time together with Your presence. Stir us to worship, and help us live from the overflow of Your goodness. In Jesus' name, Amen."

HIGHLIGHTS (15 min)

Reflect on blessings from the past week:

- Where have you seen God's blessing in your life recently?
- Has there been a moment this week when you felt God's presence or favor?
- Did you have an opportunity to bless someone else out of your overflow?

Transition with a moment of thankfulness—invite one person to thank God out loud for His blessings.

TIME TO CONSIDER (25 min)

Read Psalm 134 Aloud

• Have two volunteers read the passage in different translations.

- Encourage the group to reflect on the following themes
 - The reciprocal nature of blessing—God blesses us, we bless Him.
 - Worship as both giving and receiving.
 - Living in God's presence, day and night.

Discussion Questions

1. Understanding Blessing

- What does "bless the Lord" actually mean?
- In what ways have we misunderstood the concept of blessing (e.g., making it transactional)?
- How does Psalm 134 show us that blessing God is an act of gratitude and reverence?

2. Living from Overflow

- Why is it important that God's blessing precedes our mission?
- How does the imagery of hands raised and hands open help us understand our role in worship?
- Can you share a time where God's blessing changed your life or identity?

3. Expressing Worship and Faith

- Why do you think it matters that the Psalm mentions worshipers who serve "by night"?
- What does it look like to worship God in the hard times or behind the scenes?
- What keeps us from being expressive in our praise—and how can we overcome that?

MISSIONAL LIVING (25 min)

Blessed to Be a Blessing

- How can our Life Group bless others in tangible ways this week?
- Where do you see people around you who need to be reminded that God is a blesser?
- Is there a way we can serve as a group—either within the church, in the city, or beyond?

Challenge:

Identify one way this week to extend a blessing to someone—whether through words, prayer, or action.



REACH OUR WORLD (10 min):

Pray Specifically:

- That we would see ourselves as people blessed by God and positioned to bless others.
- For boldness in worship—hands raised, hearts open.
- For those in our lives who are in need of peace, favor, or joy.
- That Awaken Las Vegas would be known as a church that lives from overflow.

Closing Prayer (10 min)

Encourage members to:

- Lift their hands as an act of blessing the Lord together.
- Pray for one another—especially for those who feel spiritually dry or distant.
- Declare God's blessings over each other using Numbers 6:24–26 or Romans 15:13.

Final Takeaways

- Daily Posture Live with open hands lifted to bless and open to receive
- Identity Check You are blessed by the best. Your identity is rooted in His favor.

• Overflow Mindset - You give because you've been filled. Worship is your response to being chosen, provided for, and empowered.

Challenge for the Week

Take 5 minutes each day to:

- Bless the Lord out loud—speak or sing your thanks.
- Stretch out your hands in prayer—one to give, one to receive.
- Journal one way you've seen or shared God's blessing.

Memory Verse:

"The Lord bless you and keep you; the Lord make His face to shine upon you and be gracious to you; the Lord lift up His countenance upon you and give you peace."

Numbers 6:24-26