

Awaken Las Vegas & Awaken Oasis

WORSHIP night

March 20 | 6:30pm



I'm
saving
you
a seat.

Sunday 04.13 | **PALM SUNDAY**
9 & 11am Worship Center

Thursday 04.17 | **MAUNDY THURSDAY**
6:30pm Worship Center

Friday 04.18 | **GOOD FRIDAY**
6:30pm Worship Center

Sunday 04.20 | **EASTER SUNDAY**
Sunrise Service 6am Ministry Field
8am, 10am & 12pm Worship Center

Sunday 04.27 | **ASCENSION SUNDAY**
9 & 11am Worship Center



awakenlv.org/easter

YOUTH ON FIRE YOUTH ON FIRE

📍 Mexico City | Mexico

YOUTH ON FIRE

July 13 - July 21
ages 17+

more info!



*A Passport is required for all travelers



SELAH

CHOOSE HOPE

Psalm 42

SELAH

WEEK 6

SESSION OVERVIEW

Theme: Choosing to Hope in God in the Midst of Trials

Main Point: Hope in God is the key to overcoming discouragement, anxiety, and despair. It is an intentional action rooted in His presence and promises.

Key Scripture: Psalm 42:5 – “Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.”

OPENING PRAYER (2 min)

Invite God's presence and ask Him to renew hope in every heart.

Example:

“Father, thank You that You are our source of hope. No matter what we face, You are faithful. Open our hearts and minds today to trust in Your promises and presence. Help us to anchor our souls in You. In Jesus' name, Amen.”

HIGHLIGHTS (15 min)

- Share **personal highlights** from this past week: Where have you seen hope in your life this week?
 - **Discuss Challenges:** What situations have tested your hope in God?
 - **Celebrate Victories:** Share testimonies of how God has been faithful.
- **Transition prayer:** Thank God for His presence and ask for open hearts to receive His Word.

TIME TO CONSIDER (25 min)

Read Psalm 42 Aloud

- Have two volunteers read the passage in different translations.
- Encourage the group to listen for key themes of struggle, thirst, and choosing hope.

Discussion Questions

1. Recognizing the Reality of Struggles

- The Bible does not hide the struggles of its heroes (David, Moses, Elijah). Why do you think this is important?
- What are some “warning lights” that indicate we are searching for hope in the wrong places?
- How can we recognize when our soul is thirsty for God?

2. Challenge Our Thinking

- The Psalmist asks, “Why are you cast down, O my soul?” (Psalm 42:5,11). What does this teach us about how we process emotions?
- How can we “preach to ourselves” rather than listen to fear and doubt?
- What practical steps can we take to refocus our thoughts on God's promises?

3. Choosing to Hope in God

- Biblical hope is not wishful thinking—it is active trust in God. What does this look like in daily life?
- Hebrews 10:23 says, “Let us hold fast the confession of our hope without wavering, for he who promised is faithful.” What does it mean to hold fast to hope?
- How can we develop a habit of choosing hope over fear and anxiety?

MISSIONAL LIVING (25 min)

- **Hope and Action:** How does our hope in God impact the way we live?
- **Challenge:** Identify one way this week to actively cultivate hope—through Scripture meditation, worship, community, or acts of faith.
- **Encourage participation:** How can we help others find true hope in Christ?

REACH OUR WORLD (10 min):

- Pray for boldness: Ask God to help us be people who reflect His hope to a discouraged world.
- Pray for our church: That we would be a community anchored in God's promises.
- Pray for those struggling with anxiety and discouragement: That they would experience God's presence in their lives.

Closing Prayer (13 min)

- Reflect on what was shared and pray for a steadfast hope in God.
- Encourage members to pray for one another in small groups.
- Ask God to help each person hold onto His promises and presence every day.

Final Takeaways

- **Daily Hope Priority** – Anchor your hope in God through prayer and Scripture.
- **Encourage Someone** – Share a verse or testimony of hope with someone in need.
- **Challenge for the Week:** – Choose one practical way to build hope this week—whether through journaling God's promises, speaking encouragement over yourself, or committing to daily worship and gratitude.

Memory Verse:

"Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God." – Psalm 42:5