

**AWAKEN**  
CHRISTIAN ACADEMY

AWAKEN CHRISTIAN ACADEMY'S

# ANNUAL GOLF TOURNAMENT

Benefitting ACA's Athletic Department

SAVE THE DATE!  
**MAY 12, 2025 • 10AM SHOTGUN START**

**ANTHEM COUNTRY CLUB**

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WE ARE LOOKING FOR SPONSORS, GOLFERS & DONATED PRIZES. ALL DONATIONS TAX-DEDUCTIBLE

## YOUNG ADULTS

**May 23**

**7pm - 7am**

**12HRS OF PRAYER & FASTING**

**Chapel**

PRAYER  
WORSHIP NIGHT  
PRAYER  
PRAYER & FASTING

# SUMMER NIGHTS

**JUNE 1 • JULY 27**

**AT AWAKEN**

**6:30 PM**

BBO & FUN  
BAPTISMS & FELLOWSHIP  
WORSHIP NIGHTS

# SELAH

## SELAH

Psalm 46



WEEK 1

### SESSION OVERVIEW

**Theme:** Selah – A Pause for Reflection and Encounter

**Main Point:** Selah fosters a deeper awareness of God's presence, transforming worship into an encounter with the divine. In a distracted age, it is a countercultural call to stillness, urging believers to prioritize God's voice over the noise of the world.

**Key Scripture:** Psalm 46

### OPENING PRAYER (2 min)

**Begin with a focused prayer to invite God's presence, setting the tone for reflection on His Word.**

**Example:** "Lord, as we pause to reflect on Your Word, help us to be still and know that You are God. Teach us to trust in Your refuge, strength, and help in every moment. Amen."

### HIGHLIGHTS (15 min)

- Share personal highlights: Where did you see God move in your life this week?
- Celebrate victories, answered prayers, or moments of stillness amidst the noise.
- Transition Prayer: Thank God for His faithfulness and ask for open hearts as you dive into His Word.

### TIME TO CONSIDER (25 min)

#### Read PSalm 46 Aloud

- One Ask two volunteers to read the psalm aloud in different translations.
- Encourage group members to listen to repeated phrases or themes that resonate.

#### Discussion Questions

##### 1. Selah Moments

- What does "Selah" mean to you? How can pauses help you reflect on God's presence in your life?

##### 2. God Is For Us

- How do you experience God as your refuge and strength? Share examples of how He has been a "very present help in trouble."

##### 3. Fear and Faith

- In what areas of your life do you need to replace fear with faith? How can God's promises in Psalm 46 help you?

##### 4. Be Still and Know

- How does this command challenge the way we live in a busy, distracted world? What steps can you take to "be still" this week?

##### 5. Illustration

- Use examples from daily life (e.g., notifications, work stress, family busyness) to highlight the importance of pausing to experience God's sovereignty.

### MISSIONAL LIVING (25 min)

- Discuss the countercultural nature of "Selah" in a world of constant noise.
- Challenge members to create "Selah Moments" during the week:
  - Examples: Turning off notifications, dedicating time for prayer, or reflecting during a commute.
- Pray for boldness to prioritize God's voice and share His peace with others.

**REACH OUR WORLD (10 min):****Pray for:**

- Highlight Awaken's mission to spread the gospel and the importance of community outreach.
- Pray for one church or missionary partner in the Awaken network, asking for God's blessing on their work and for the gospel to reach the nations.

**Closing Prayer (10 min)**

- Reflect on what was shared and pray for unity, strength, and boldness.
- Separate into gender-based groups (if applicable) for deeper sharing and prayer.
- Focus on personal application and specific prayer needs related to experiencing "Selah" moments.

**Additional Notes**

- Encourage leaders to use the "Selah" pauses throughout the session to allow time for reflection and prayer.
- Emphasize practical application, helping group members integrate the practice of "Selah" into their daily lives.