

## JOE #7: "HEBREWS 4:1-10 "IT ALL POINTS TO JESUS"

### 2001 MOVED SMALL TOWN NH – CULT SHOCK. DEAD..STORES. STRT. City Formed

In Vegas, someone is always awake. Always working. Always chasing something - **City That Never Stops**: Las Vegas is built on a 24-hour economy: hospitality, casinos, healthcare, logistics, service. Large portions of the workforce work night, swing, or rotating shifts. Over 40 million visitors a year create constant demand and pressure. **We Don't Know How to Rest—We Know How to Escape**: Scrolling, binge-watching, entertainment, substances, distraction feel like rest—but they don't restore. Responsible: parents providing, juggling endless demands...

- SOCIETY RESTLESS 2 "MEET THE NEED" HUMAN CON- **K1 Inner Piranhas**

**K2** Oh Lord we are made for you and our hearts are restless...(HONEST) until they find their rest in you. Augustine **REST IMP WORD CONCEPT IN SCRIPTURE. SD**

- Not: naps tired Christians, Sabbath. Working less. Work/life balance

**K3 MP: Rest is not ceasing from activity, it's living within and from the completed work of Christ, who restores us to God. Shalom: Peace, sec wholeness, trust SD**

- Greater than Moses, warning Israel wilderness rebellion, unbelief

### THE REST WE ARE MISSING

Anxiety and Burnout Are the Norm Over **40 mill us** – adults Struggle w/anxiety disorders and Burnout is now recognized as widespread across industries and ages.

**K4** The deepest human problem isn't exhaustion; it is unbelief. (chronic, not momentary)

- Cultural Subs: Escape, Achievement, Financial impr. Job Security Comfort **SD**
  - o Even Christians – **SAVING FAITH BUT NOT LIVING IN REST**

### THE REST GOD PROMISED

**CREATION: 7<sup>th</sup> Day – GOD CREATED A LIVING TEMPLE WORSHIPED - COMPLETE**

- Finished – Ceased His work – **NOT JUST PATTERN BUT POINT: Rest provides**

**COVENANT: Sabbath Observance: Intention – not 6 mine 1 God's - REST**

- BELONGING TO GOD. LIFE DEDICATED TO GOD. LIVING IN COVENANT
  - o ID: Romans (sea nothing lives, temple no idol, day no work)
  - o JESUS'S DAY: twisted rel effort, performance, rules, law.
- EVEN WHEN CAME TO CANAAN – JOSHUA SPOKE OF COMING REST

The statement of Joshua is so important – the story rest had yet to be fulfilled

- **If Joshua and the Land was Enough God wouldn't be promising. MORE**

PROVIDED BUT POINTING TO SOMETHING MORE – SAB: FORM NOT ESSENTIAL

**Jesus is the Lord of the Sabbath – Create Shadow. Sabbath Shadow. JESUS SUB**

**K5** Colossians 2:16 Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. <sup>17</sup>These are a shadow of the things to come, but the substance belongs to Christ. **Illustrate Shadows vs Substance SD**

### THIS IS THE REST CHRIST SECURED

Jesus rewrites the story from within. He enters into the human story and stands in our place, **he heals human desire by restoring us to God.**

- **Jesus alone solved the human crisis – through ATONEMENT.**
  - o **Our unrest is caused by our fractured relationship with God.**

**K6 Atonement:** Being restored to God exclusively through what Jesus did for you.

IT'S LIKE: Court of law (criminal declared innocent), relationship (estranged child restored), marketplace (slave that was emancipated), temple (a sacrifice that was made), battle (a battle that was won) – **HE DID ALL THAT TO BRING US TO GOD SD**

**K7** Jesus provides rest for your soul through restoration to God as a gift for you to receive.

- **Have you been restored to God: RESToration.** Then your soul should be at rest - He said **“It is Finished.” UNBELIEF WILL KEEP YOU – SD**

### **THIS IS THE REST WE MUST ENTER**

Restless Soul Distant From God: you need Jesus / Restless Christian: You need Jesus

- **BELIEVE:** Get the gospel right. Enter into it. Receive It. SETTLE THAT IN HEART
- **STOP:** Stop trying to save yourself. Justify yourself. Secure your identity. Hustle to achieve. Fix what's broken in you. **Carry Everything**
- **LIVE:** Live daily in faith relationship with Jesus. WALK IN HIM
- **ANTICIPATE:** We live in the already but not yet. Struggle. Heavenly hope.

You are not just becoming a better version of yourself. Not self-helpism

**When you are RESTored YOU REST. Belong. Identity. Trust. (55 ALWAYS)**

- The disturbed, restless, chronically fearful soul healed. **OVERFLOW**
  - o Tired. Disappointed. Unsatisfied? ARE U RESTING IN CHRIST.

**K8** Matthew 11:28-30 Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light. **INVITATION – COME TO ME / I WILL GIVE**

- **BUILD YOUR LIFE CULTURE. BUILD YOUR FAMILY CULTURE HERE**

**JESUS SAT DOWN AT THE RIGHT HAND NOT SO YOU COULD SPIN OUT BUT SO YOU COULD HAVE A HEART SETTLED IN HIM.. SD**